

Advent Commitment List

Circle one or more items from this list that you will commit to do this Advent to enrich your spiritual life and the life of our church.

1. Pray/Read Scripture 10 minutes daily.
2. Stay after Mass for Sunday fellowship.
3. Say the Rosary
 - Once/Daily/Weekly
4. Visit our Lord in Adoration.
5. Pray a Novena.



- What's a Novena? A prayer said for 9 days asking for a particular intention. See examples in back of church.

6. Attend a daily Mass.
7. Attend Sunday Mass each week of Advent.
8. Pray for our church family.
9. Help serve or contribute food to Sunday fellowship after Mass.
10. Do a good deed.



- examples; visit nursing home, bring cookies to someone, watch children so parents can run errands, give a ride to an appointment, send a card or letter, shovel neighbors snow, etc.